

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frikkie Opperman**

Has successfully participated & completed the

**5km Konka Farm Run**

held at Konka.

**TIME 00:44:39**

**PACE 08:54/km**

**GENDER 59 of 117**

**OVERALL 147 of 320**

**70 - 79 1 of 3**

31 August 2019, Sat

Date



*BoutTime*

Signature

